



RELEASE OF LIABILITY

In consideration of the opportunity to enroll and/or participate in the service of personal training (BLBTRAINING), and in express acknowledgement of the fact that such enrollment and/or participation is entirely voluntary on my part, I hereby certify that I am physically fit to participate in this personal training service, and I knowingly and voluntarily execute this Release with the express intention of binding myself, my heirs, executors, administrators, assigns and representatives.

To the full extent permitted by law, I recognize and accept any and all risks pertaining to or inherent in my enrollment and/or participation in this personal training service, and hereby release and discharge Brandon Bender, BLBTRAINING, any subsidiaries, affiliates, officers, agents and employees from any and all claims, demands, causes of action, judgements, losses, damages or injuries and liability whatsoever which may result from, or arise out of, my enrollment or participation in this personal training service, or from any tryout, practice, training session or event connected therewith.

PARTICIPANT SIGNATURE

WITNESS SIGNATURE

PARTICIPANT NAME (please print)

WITNESS NAME (please print)

DATE

DATE